



## Message from the Chair

Tēnā koutou katoa

Mānawatia a Matariki! I hope everyone is well and keeping warm. The NZNO Nursing Research Section is enjoying an almost full committee at present. This year so far we have welcomed



two new members, Isaac Amankwaa, a Researcher and Nursing Lecturer from AUT, Tamaki Makaurau and Katherine King who is a Breast cancer Foundation Clinical Nurse Specialist from Waitaha. We are very pleased to have them join the committee and share their expertise and enthusiasm.

Our main focus this year has been on planning the Research Forum which is to take place on **Thursday, 10 October from 0830 to 1600 hrs at Ko Awatea, Middlemore Hospital, Auckland.**

We have three exciting key note speakers lined up, as well as brief presentations from Aotearoa nurse researchers. Please see the flyer in the newsletter for full details. We hope that you will be able to join us. The registration is **free** and open on [2024 Nursing Research Section \(NRS\), Te Wāhanga Rangahau Tapuhi \(NZNO\) Forum](#). We hope to encourage attendance from nurses already involved in research as well as those commencing their research journeys.

Ngā manaakitanga,

Lorraine Ritchie (Acting Chair, NRS)

## 2024 Nursing Research Section, Te Wāhanga Rangahau Tapuhi Committee members

<b>Name</b>	<b>Role</b>	<b>Region</b>
Lorraine Ritchie	Acting Chair	Southern/ Te Tai Tonga
Ebony Komene	Treasurer	Northland/ Te Tai Tokerau
Hina Karim	Newsletter Coordinator	Greater Auckland/ Tamaki Makaurau
Isaac Amankwaa	Committee Member	Greater Auckland/ Tamaki Makaurau
Kim Monteiro	Social media Coordinator	Greater Auckland/ Tamaki Makaurau
Maria Tutahi	Te Runanga Rep	Waikato
Patricia McClunie-Trust	Special Projects Coordinator	Midlands
Sandra Bayliss	Professional Nursing Advisor	Central
Katherine King	Committee Member	Canterbury

### **Mentoring and Support**

If you are passionate about any area of healthcare practice and want to make a research contribution to your field, a Master's or PhD could be the route for you. Doing a Master's and/or PhD allows you to go deep into the critical enquiry of a chosen topic and enables exponential personal and professional growth.

Doctoral studies are challenging, but we provide you with support and encouragement every step of the way. Our team is open to offering you some coaching and mentoring to help you embark on your journey.

## *Come and find us on social media*



<http://www.facebook.com/nznursingresearch/>



[http://www.twitter.com/NursResearch\\_NZ](http://www.twitter.com/NursResearch_NZ)



[http://www.instagram.com/nursing\\_research\\_section/](http://www.instagram.com/nursing_research_section/)



<https://nz.linkedin.com/company/nznonrs>

## 2024 Research Grant Recipients

### Dr. Kathryn Tennant

Research and Knowledge Centre, Te Whatu Ora -  
Waitemata, Auckland, New Zealand,  
Faculty of Medical and Health Sciences, Waipapa  
Taumata Rau - University of Auckland,  
Auckland, New Zealand



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The grant from the Nursing Research Section/Te Wāhanga Rangahau Tapuhi made it possible for me to virtually participate in the Singapore Nursing Research Conference and virtually present my research study titled ‘What is the experience of nurses undertaking research activity whilst in paid employment?’. This interpretive descriptive study explored the experiences of nurses conducting research while being employed. By exploring these experiences, the study aimed to build research capacity and capability among nurses by providing recommendations for developing support systems. Semi-structured interviews were undertaken with six registered nurses who had completed research activities within the previous five years. Following a reflexive thematic analysis approach (Braun & Clarke, 2022), five themes were developed that provide valuable insights into the participants’ experience of undertaking research activity whilst employed.

**Adult Learning Theory Vs. Lack Of Methodological Support:** Nurses encountered a tension between adult learning principles and the absence of adequate methodological guidance. This underscores the need for comprehensive training and guidance to empower nurses in their research pursuits.

**Role Conflict:** Balancing research responsibilities with clinical duties created challenges related to time management and role conflict. This issue highlights the need for recognising and addressing the dual role of nurses as both healthcare providers and researchers. Participants also experienced a conflict between their professional and personal roles.

**‘Little Pockets of Research’:** Participants often felt isolated in their research endeavours due to a lack of workplace awareness and support for research. Enhancing academic awareness and fostering a collaborative research culture is crucial for overcoming this isolation.

**‘It Just Sits on a Shelf Getting Dusty’:** This theme reflects a gap between research completion and practical application. Bridging this gap is essential to ensure that research is disseminated, translated and integrated into practice and has a tangible impact on patient care.

**‘The Process Grows You’:** Engaging in research enhances participants’ professional growth and self- concept. Recognising and celebrating these personal and professional advancements can make nurses feel valued and motivated as researchers.

The study highlights the challenges nurses encounter while conducting research while being employed. Nurses’ engagement in research should be driven by a sense of purpose, knowing that their efforts can directly influence patient care and outcomes. Moreover, nurses’ contributions as both healthcare providers and researchers should be acknowledged and appreciated. Sharing the research and recommendations for practice with a diverse audience has facilitated knowledge application and translation beyond the local setting, potentially improving support for nurses to engage in research and building nursing research capability globally. Not only does this enhance the impact of my research, but it also raises the profile of nursing research from New Zealand on an international stage.

Presenting at the conference has contributed to my professional development by increasing my confidence in presenting to a broader audience and fostering valuable networking connections with fellow nursing professionals. This experience has enabled me to contribute new knowledge to the nursing research field, and I extend my sincere gratitude to the Nursing Research Section/Te Wāhanga Rangahau Tapuhi for their invaluable support in facilitating this opportunity.

## **Ebony Komene**

Ngāpuhi, Ngāti Pīkiao, Ngāti Whākaue, Tapuika

Doctoral Candidate

Paewai Whakaako Ngaio | Professional Teaching Fellow

[NP & EN workforce programme](#)



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Tēnā koe, Te Wāhanga Rangahau Tapuhi

Nāu te rourou, nāku te rourou, ka ora ai te iwi : With your food basket and my food basket the people will thrive

I am deeply grateful for the scholarship awarded to me by Te Wāhanga Rangahau Tapuhi. As a Māori, a nurse, and the first in my family to graduate from both secondary and tertiary education, this support is invaluable as I commence a Ph.D. on a full-time basis.

This scholarship not only relieves the financial burden but also provides the essential support needed for my research endeavours. The research I will undertake will provide novel and significant findings, reflecting the evolving landscape of the health sector. With this funding, I will be supported to develop my research scholarship, all while fostering whanaungatanga (connections) within the national Māori Nurse Practitioner workforce.

My involvement in the Nurse Practitioner research pipeline, alongside pursuing a Ph.D., will facilitate the translation of research into tangible impacts, leveraging current studies and future outcomes. With the supervision of Dr. Sue Adams, Dr. Maia Hetaraka, and Dr. Cynthia Wensley, this funding will foster transdisciplinary collaborations between the School of Nursing and the School of Education, showcasing how health sectors can work differently and with the promise of developing new ways of working.

Importantly, this research directly aligns with strategic goals aimed at achieving pae ora (healthy futures) for whānau Māori within the nursing profession and primary healthcare communities. Your support not only empowers me but also contributes to the broader endeavour of fostering inclusivity and equity within our healthcare systems.

Once again, thank you for your generosity and belief in the potential of aspiring nurses like myself. I am committed to utilising this opportunity to its fullest extent, striving to make meaningful contributions to nursing research and practice.

Ngā manaakitanga

Ebony Komene



## 2024 NRS, Te Wāhanga Rangahau Tapuhi (NZNO) Annual Research Forum

Registrations are open – [click to register](#)

**Theme:** Hoki whakamuri, kia anga whakamua, Look at the past to help forge the future

**Date:** Thursday 10 October 2024.

**Venue:** Ko Awatea, Middlemore Hospital, HealthNZ Counties Manukau, Tamaki Makaurau.

**Time:** Registrations from 0800, starting at 0830-1600.

**Cost:** Free for all nurses.

**Keynote speakers:** Dr Debra Gerard, Dr Sue Adams, TBC.

### Call for abstracts

You are invited to submit an abstract for oral presentation.

Abstracts can be submitted for any one of the following categories:

- Early career kairangahau/ researcher.
- Established and senior career kairangahau/ researcher.

Each presentation will be 15 minutes + 5 minutes for Q&A.

Please send your 250-word abstract to [nzno.nrs@gmail.com](mailto:nzno.nrs@gmail.com) using the linked

**Abstract Submission Form BEFORE:** 5 pm, Friday, 26 July, 5 pm, Paraire, 26 Hōngongoi 2024.

## ANZICS New Zealand Annual Regional Scientific Meeting

### Monday, 11 November 2024

930 Research meeting

1630 Main scientific meeting starts followed by opening of trade show and drinks.

### Tuesday, 12 November 2024

0830 – 1700 – scientific meeting

### Wednesday, 13 November 2024

0830 – 1630 scientific meeting. Conference social event that evening.

You can register by scanning the QR code or at [ANZICS](#)

More information will be added to the website as it becomes available.

We look forward to seeing you in Tāmaki Makaurau, Auckland in November.



## Research Publications

A few recent publications from our members who are active researchers;

Adams, S., **Komene, E.**, Wensley, C., Davis, J., & Carryer, J. (2024). Integrating nurse practitioners into primary healthcare to advance health equity through a social justice lens: An integrative review. *Journal of Advanced Nursing*.  
<https://doi.org/10.1111/jan.16093>

**Hina Nizar Karim**, Groom, P., & Tiu, M. (2023). Intensive care unit staff perceptions of redeployment to other clinical areas: A mixed method Approach. *SAGE Open Nursing*, 9.  
<https://doi.org/10.1177/23779608231196401>

Jones, V., **McClunie-Trust, P.**, Macdiarmid, R., Turner, R., Shannon, K., Winnington, R., ... & Jarden, R. (2024). Education pathways for graduate entry registered nurses to transition to advanced practice roles: A realist review. *Nurse Education Today*, 106032.

**Komene, E.**, Sami, L., Wiapo, C., Davis, J., & Adams, S. (2023). Whakarōpū: An exemplar fostering professional development and cultural growth with a collective grouping of Māori, and Pacific Nurses. *Nursing Praxis in Aotearoa New Zealand*, 39(2).  
<https://doi.org/10.36951/001c.90845>

**Komene, E.**, Gerrard, D., Pene, B., Parr, J., Aspinall, C., & Wilson, D. (2023). A tohu (sign) to open our eyes to the realities of Indigenous Māori registered nurses: A qualitative study. *Journal of Advanced Nursing*. <https://doi.org/10.1111/jan.15609>

**Komene, E.**, Pene, B., Gérard, D., Parr, J., Aspinall, C., & Wilson, D. (2023). Whakawhanaungatanga—Building trust and connections: A qualitative study indigenous Māori patients and whānau (extended family network) hospital experiences. *Journal of Advanced Nursing*. <https://doi.org/10.1111/jan.15912>

Shannon, K., **McClunie-Trust, P.**, Macdiarmid, R., Jarden, R., Dewar, J., Turner, R., ... & Jones, V. (2024). Graduate entry nursing students' well-being and transformation in becoming registered nurses: Phase three of a longitudinal case study. *Collegian*.

Wiapo, C., Sami, L., **Komene, E.**, Wilkinson, S., Davis, J., Cooper, B., & Adams, S. (2023). From Kaimahi to Enrolled Nurse: A Successful Workforce Initiative to Increase Māori Nurses in Primary Health Care. *Nursing Praxis in Aotearoa New Zealand*, 39(1).  
<https://doi.org/10.36951/001c.74476>

*Thank you* for subscribing to and reading our newsletter. We welcome feedback from our readers. Let us know if you want to share your research stories, project or a study with us.

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